Dane County Caregiver Support Groups

Due to Covid-19, the majority of groups are meeting virtually or over the phone. This list will be updated as times and dates change or new groups are formed. It was last updated November 25, 2020.

If you are leading or participating in another group you'd like to have included on this list, please contact Jane De Broux, Caregiver Program Coordinator at 608-261-5679 or debroux.jane@countyofdane.com.

Groups for General Caregiver Support

DeForest Area Community Senior Center, 505 North Main Street

(Open to caregivers living in DeForest, Vienna, and Windsor)

Meets the 3rd Thursday of the month at 3:00 pm by phone

Contact Natalie Raemisch at 608-846-9469 for phone number and code to join the phone conference

Verona Senior Center, 108 Paoli Street

(Open to all Dane County caregivers)

Meets the 1st and 3rd Tuesday of the month at 10:00 am by Zoom or phone Contact Becky Losby at 608-847-7471 to register and receive the code to join the meeting

Middleton Senior Center, 7448 Hubbard Ave

(Open to all Dane County caregivers)

Meets the last Thursday of the month at 10:00 am in person with Covid-19 guidelines in place Contact Carmen Sperle at carmen.sperle@hcr-manorcare.com or at 608-819-0033 to register as space is limited

Groups for Grief and Hospice

DeForest Area Community Senior Center, 505 North MainStreet

(Open to caregivers living in DeForest, Vienna, and Windsor)

Meets the 3rd Monday of the month at 10:00 am by phone

Contact Julia Hayde 608-640-6435 for phone number and code to join

Middleton Senior Center, 7448 Hubbard Ave

(Open to all Dane County caregivers—mixed group also for general support)

Meets the 3rd Thursday of the month at 12:00 pm by phone

Contact Carmen Sperle at <u>carmen.sperle@hcr-manorcare.com</u> or at 608-819-0033 to register and for code to join

Group for Parkinson's Disease

Monona United Methodist Church, 606 Nichols Rd

(Open to all Dane County caregivers)

Meet the 1st Wednesday of the month from 2:00 - 4:00pm by Zoom
Contact Siv Golding at 608-839-3512 to register and for code to join

Groups for Dementia and Memory Loss

Stoughton Area Senior Center, 248 W Main Street #1

(Open to all Dane County caregivers) led by Dory Arin from the Alzheimer's and Dementia Alliance of WI

Meets the 2nd Thursday of the month at 2:00 pm by Zoom or phone Contact Hollee Camacho at 608-873-8585 to register for code

New Perspective Senior Living in Sun Prairie 222 South Bristol St

(Open to all Dane County caregivers) sponsored by Alzheimer's Association of South Central WI Meets on the 2nd Tuesday of the month at 6:00 pm in person with Covid-19 guidelines in place Contact Karen Kane at 608-712-3411 to register and confirm date and time

Hyland Park of Sun Prairie, 881 Liberty Blvd

(Open to all Dane County caregivers) sponsored by Alzheimer's Association of South Central WI Meets on the 4th Thursday of the month at 1:30 pm in person with Covid-19 guidelines in place Contact Lizzie Gernon at 608-228-7936 to register and confirm date and time

Online Group for Dane County Caregivers

Sponsored by Alzheimer's and Dementia Alliance of WI
Meets weekly on Thursdays from 1:00 - 2:30 pm by Zoom or phone
Contact Noreen Kralapp at 608-661-0463 or Noreen.kralapp@alzwisc.org to participate

Dane County Men's Online Caregiver Support Group

Meets every 1st and 3rd Tuesday of the month from 1:00 - 2:00 pm by Zoom or phone Contact Jeff Hamm at jhamm@wisc.edu to participate

Wisconsin Statewide Telephone Support Group

(Open to all Wisconsin caregivers)

Meets by phone every Tuesday from 5:30 - 7:00pm

Contact JoAnn Janikowski at 800-272-3900 to register

Young Onset Support Group

(Open to all Dane County caregivers) sponsored by Alzheimer's and Dementia Alliance of WI Contact Noreen Kralapp at 608-661-0463 or Noreen.kralapp@alzwisc.org to participate Call in #833-548-0282, Meeting ID: 838 2471 8684

Dane County Lewy Body Dementia Support Group.

(Open to all Dane County caregivers) sponsored by Alzheimer's and Dementia Alliance of WI Meets every 2nd and 4th Wednesday of the month from 1:30 - 3:00 pm by Zoom or phone Contact Noreen Kralapp at 608-661-0463 or Noreen.kralapp@alzwisc.org to participate Call in #833-548-0282, Meeting ID: 880 1595 5586, Passcode: caregiver

Adult Children Caring for Parents with Dementia Support Group

(Open to all Dane County caregivers) sponsored by Alzheimer's and Dementia Alliance of WI Meets every 1st and 3rd Wednesday of the month from 6:30 - 8:00 pm by Zoom or phone Contact Noreen Kralapp at 608-661-0463 or Noreen.kralapp@alzwisc.org to participate